

## Seven Foremothers & the Seven Lower Sephirot

**Ruth – Chesed:** Pure kindness and trust, devoting herself entirely to being God's instrument. The one who chooses to be Jewish without any advantages, motivated strictly from within herself, like Abraham.

**Sarah – Gevurah:** The one who demands that Hagar be thrown into the wilderness, judgment that overcomes mercy, she is even called g'virati by Hagar

**Rivkah – Tiferet:** she is the wily one, like Jacob, who knows how things must turn out, who can create the reality that needs to exist, and who can draw on mercy or harshness as needed to accomplish her purpose.

**Miriam – Netzach:** Prophet, bearer and bringer of water (the right side), Moses' sister, the one who knows to celebrate victory over Pharaoh's army.

**Devorah – Hod:** Warrior and prophet, the greatest female ruler in Israel.

**Tamar – Yesod:** The one who sits at the crossroad (between Netzach and Hod) who embodies the fullness of sexuality, who is tzadkiah, the righteous one, just as Joseph is a tzadik.

**Rachel – Malchut:** the Shechinah who goes into exile with her children and pleads for their return.